



## Leader Nancy Pelosi Visits Seleni Institute

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**NEW YORK — Aug. 11, 2014** — The Seleni Institute was honored last week to welcome the first female Speaker of the US House of Representatives in US history and current House Democratic Leader Nancy Pelosi to tour its facility and learn more about both Seleni and the mental health issues women face during their reproductive years.

Leader Pelosi said, "The Seleni Institute is a remarkable model for caring for women's mental health. The team's passion and commitment to excellence were thoroughly evident in their work with women and families."



During her visit, Leader Pelosi toured the facility including individual psychotherapy offices and group support rooms. Leader Pelosi also had the opportunity to visit with mothers and babies attending our breastfeeding support clinic.

After meeting Seleni staff and clinicians, Leader Pelosi sat with Seleni founder and executive chairwoman Nitzia Logothetis, clinical director Christiane Manzella, and executive director Rebecca Benghiat. They discussed Seleni's 360-degree approach to supporting women and families experiencing postpartum mood disorders, infertility, miscarriage and child loss, pregnancy complications, infant sleep and eating issues, and relationship and parenting difficulties.

"Seleni's model of care is unique, and it was an honor to share our approach and philosophy with Leader Pelosi," said Ms. Logothetis. "Her devotion to empowering women is long-standing, and we're grateful to add our voice to a national conversation about supporting women and strengthening families."

### **About the Seleni Institute**

The Seleni Institute is a nonprofit organization founded by George and Nitzia Logothetis in 2011 that provides the care, information, and research funding critical to supporting mothers and families.

The Seleni Institute supports women and their partners coping with:

- Depression and anxiety before, during, and after pregnancy
- Infertility
- Miscarriage, stillbirth, and infant loss
- Pregnancy complications
- Infant bonding and attachment issues
- Sleep and feeding issues
- Life and career transitions

- Relationship/marital troubles
- Parenting and motherhood concerns
- Body image anxiety and disordered eating behaviors
- Perimenopause
- Grief and bereavement

The Seleni Institute treats individuals, not disorders, by providing a 360-degree approach to reproductive and maternal mental health issues. From individual therapy and psychiatry to workshops and moms groups, the breadth of services and unique, collaborative environment make Seleni Institute the only center of its kind in New York City. The Seleni Institute team believes that when women are supported, they are able to best care for themselves, their children, and their families.

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