



SELENI

## **Former First Lady Laura Bush Visits the Seleni Institute**

### ***From the Seleni Institute Blog:***

**Sept. 30, 2014:** The Seleni Institute was honored this week to welcome the former First Lady of the United States of America, Laura Bush, to learn more about the mental health issues women face during their reproductive years.

Mrs. Bush met with Seleni Institute founder and executive chairwoman Nitzia Logothetis, clinical director Christiane Manzella, and executive director Rebecca Benghiat. They discussed the Institute's unique 360-degree approach to supporting women experiencing postpartum depression and anxiety, infertility, miscarriage and child loss, infant sleep and eating issues, and relationship and parenting difficulties.

During her visit, Mrs. Bush was also able to tour the Seleni Institute facility, meeting staff and clinicians and visiting with mothers and babies attending our breastfeeding support clinic.

### **About the Seleni Institute**

The Seleni Institute is a nonprofit organization founded by George and Nitzia Logothetis in 2011 that provides the care, information, and research funding critical to supporting mothers and families.

The Seleni Institute supports women and their partners coping with:

- Depression and anxiety before, during, and after pregnancy
- Infertility
- Miscarriage, stillbirth, and infant loss
- Pregnancy complications
- Infant bonding and attachment issues
- Sleep and feeding issues
- Life and career transitions
- Relationship/marital troubles
- Parenting and motherhood concerns
- Body image anxiety and disordered eating behaviors
- Perimenopause
- Grief and bereavement

The Seleni Institute treats individuals, not disorders, by providing a 360-degree approach to reproductive and maternal mental health issues. From individual therapy and psychiatry to acupuncture and massage to workshops and moms groups, the breadth of services and unique, collaborative environment make Seleni Institute the only center of its kind in New York City. The Seleni Institute team believes that when women are supported, they are able to best care for themselves, their children, and their families.

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